



During the fifth week of Lent parishes across our diocese will offer additional confession times to allow more people to experience the grace of the sacrament.

LIGHT IS ON FOR YOU

Tue. March 28	12-1 pm	St. Hyacinth
Wed. March 29	5-6 pm	St. Anne
Thu. March 30	12-1 pm	St. Hyacinth
	5-6 pm	St. Anne
Fri. March 31	8:30 am	St. Anne
	5-6 pm	Our Lady

"The Sacrament of Reconciliation calls us back to God and embraces us with his infinite mercy & joy." - Pope Francis

TENEBRAE SERVICE: HOLY WEEK MONDAY—April 3, 7:30 pm at Our Lady of Perpetual Help Church: The name Tenebrae is the Latin word for "darkness" or "shadows." One of the most conspicuous features of the service is the gradual extinguishing of candles until only a single candle, considered a symbol of our Lord, remains. As it gets darker and darker the community reflects on the great emotional and physical pain that was very real for Jesus during his passion. It ends with a single light, the reminder that good triumphs over evil.

A graphic with a silhouette of a cross on a hill against a sunset background. The text reads "LENTEN DISCIPLINES OF FASTING & ABSTINENCE". Below is a box with text about fasting requirements.

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.
 Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.
 Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

Lent begins Ash Wednesday, February 22, 2023 and goes until the evening Mass on Holy Thursday, April 7, 2022.

ASH WEDNESDAY MASSES

St. Hyacinth	7:30 am & 12:15pm
Our Lady	8:00 am & 6:00 pm
St. Anne	9:00 am & 6:00 pm

DAILY MASS SCHEDULE

MONDAY:	8:00 am Our Lady 9:00 am St. Anne 5:00 pm St. Hyacinth
TUESDAY:	8:00 am Our Lady 9:00 am St. Anne
WEDNESDAY:	7:30 am St. Hyacinth 8:00 am Our Lady 9:00 am St. Anne
THURSDAY:	7:30 am St. Hyacinth 8:00 am Our Lady
FRIDAY:	8:00 am Our Lady 9:00 am St. Anne *5:00 pm St. Hyacinth
Saturday	8:00 am St. Anne

*Friday daily masses during Lent will be held in the church.

STATIONS OF THE CROSS

Fridays during Lent

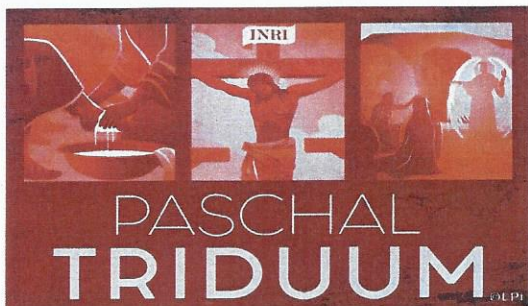
St. Anne	9:30 am (after mass)
Our Lady	3:00 pm
St. Hyacinth	4:30 pm (before Mass)

CONFESSIONS

St. Anne	Saturdays 8:30am
Our Lady	Saturdays 3:00pm
St. Hyacinth	Saturdays 3:00 pm

ADORATION

St. Anne	Fridays 6-7 pm
Our Lady	1st Friday after 8am Mass and 3-7pm



Holy Thursday April 6
Mass of the Lord's Supper

4:00 pm St. Hyacinth
 6:30 pm Our Lady
No regular daily Masses

Good Friday, April 7
Good Friday of the Lord's Passion

12 noon St. Hyacinth
 6:30pm St. Anne
No regular daily Masses

Easter Vigil, April 8
Holy Night of Easter

8 pm St. Hyacinth
No 4 pm Masses or Confessions



8:00 & 10:15am	Our Lady
8:00 & 11:00am	St. Anne
9:30 am	St. Hyacinth



PALM WEAVING WITH FR. REGGIE: Will be held at 1pm on **Palm Sunday, April 2** in St. Hyacinth Church Hall conference rooms. Learn to weave the cross, braid, cone and crown of thorns (simple to more difficult). The palms will be supplied and will be blessed before weaving. Please bring a pair of scissors. The session is for adults interested in learning. Free will offering to help defray the cost of the palms will be accepted.

CRS RICE BOWL LENTEN PROGRAM: For families and faith communities who want to bring Lent to life. Through CRS Rice Bowl, faith communities in dioceses throughout the United States put their faith into action through prayer, fasting, and almsgiving. Donations made through CRS Rice Bowl support the work of CRS in more than 100 countries each year. Seventy-five percent of your donations will go to help CRS in its work around the world while 25% will stay in our diocese, supporting hunger and poverty alleviation efforts. Since its inception in 1975, CRS Rice Bowl has raised nearly \$300 million.



GOSPEL OF JOHN LENTEN BIBLE STUDY AT ST. ANNE : Sunday during Lent, 9:30am. Please bring your bible. FMI: contact Rob Poissant 572-6913.

LENTEN BOOK GROUP AT ST. ANNE: "No Greater Love, A Biblical Walk Through Christ's Passion". Fridays during Lent; 10:00 to 11:30 am at St. Anne's. FMI: kimberly.sue.walton@gmail.com or rkroussel@gmail.com

THE KNIGHTS OF ST. ANNE AND THE GORHAM FOOD PANTRY are sponsoring the "40 Cans for Lent" project. The recommended donations for food and personal items are listed on our Parish website: <https://stanthonysparish.org/st-annes>.



Join us for dinner this Lent!!

ST. ANNE KNIGHTS OF COLUMBUS DINE IN BAKED FISH DINNER: Fridays during Lent, Feb. 24-Mar. 31; 5-6:30pm. Adults \$12.00, Children \$6.00 ages 6-12, free ages 5 and under. All ages cheese pizza, beverage, and dessert for \$8.00. FMI visit <https://stanthonysparish.org/>

ST. HYACINTH DAUGHTERS OF ISABELLA: Will host Fish Dinners Fridays during Lent (Feb. 24-Mar. 31) in the Church Hall. Take-out 4:30-5pm and Dine-in 5-6pm. Baked Haddock, Mashed Potatoes, Green Beans, Cole Slaw, Roll, Beverage and Dessert. \$12 Adults, \$6 Children under 12. FMI contact the Pastoral Office.

OUR LADY'S KNIGHTS OF COLUMBUS LENTEN DINNERS: Will be held from 5-6 pm in the church hall:

Haddock Dinner Saturday, February 25
 Corned Beef Dinner Saturday, March 18

Both dinners are \$12 adults / \$6 children (12 and under)



St. Patrick's Day ~ March 17
Friday Abstinence

In honor of St. Patrick, a secondary patron of the Diocese of Portland, and in recognition that St. Patrick's Day (March 17) falls on a Friday during Lent this year, Bishop Robert Deeley is authorizing individuals who choose to eat meat on that day (i.e., a traditional corned beef and cabbage dinner) to commute, that is, transfer their abstinence from meat to another day within that same week. Parishioners are able to make use of this commutation on St. Patrick's Day for any reason, even if they are not necessarily attending a parish event that day.